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SOFTWARE INTELLIGENCE



010918 NEWS BLAST

**ATTN: MEDICARE PROVIDERS**

**MEDICARE DIABETES PREVENTION PROGRAM (MDPP) EXPANDED MODEL**

Diabetes affects more than 25 percent of Americans aged 65 or older, and its prevalence is projected to increase approximately two-fold for all U.S. adults (ages 18-79) by 2050 if current trends continue. Fortunately, type 2 diabetes can usually be delayed or prevented with health behavior changes.

The Medicare Diabetes Prevention Program (MDPP) expanded model is a structured behavior change intervention that aims to prevent the onset of type 2 diabetes among Medicare beneficiaries with an indication of pre-diabetes. This model is an expansion of the Diabetes Prevention Program (DPP) model test, which was tested through the Center for Medicare and Medicaid (CMS) Innovation's Health Care Innovation Awards.

All Medicare beneficiaries, including those in Medicare Advantage, are eligible if they meet the below criteria:

Hemoglobin A1c test results between 5.7% and 6.4% with no previous diagnosis of type 1 or type 2 diabetes.

Though a history of gestational diabetes is allowed; no end stage renal disease; body mass index (BMI) of at least 25 (23 for self-identified Asian beneficiaries).

The clinical intervention consists of a minimum of 16 intensive "core" sessions of a Centers for Disease Control and Prevention (CDC) approved curriculum furnished over six months in a group-based, classroom-style setting that provides practical training in long-term dietary change, increased physical activity, and behavior change strategies for weight control.

MDPP services are offered over a two year period and are intended to prevent the onset of type II diabetes.

The primary goal of the expanded model is at least 5 percent weight loss by participants.

Payment is based on both attendance and performance, i.e., achievement of and adherence to the weight-loss target. Suppliers can get a maximum of \$670 for a patient over two years; \$165 for the nine core sessions, \$120 for the core maintenance sessions, and \$200 for the ongoing maintenance sessions, with weight-loss-target bonuses of \$160 for 5% weight loss and \$25 for a 9% weight loss. Suppliers who inherit a beneficiary from another MDPP supplier can also get a one time \$25 bridge payment.

Detailed information is available via the CMS website, Medicare Diabetes Prevention Program Model Expansion Program event::

<https://www.cms.gov/Outreach-and-Education/Outreach/NPC/Downloads/2017-12-05-Diabetes-Prevention-Presentation.pdf>

The MDPP start date is April 1, 2018 to allow for the 90-day enrollment process. In order to enroll as an MDPP supplier, organizations require full Centers for Disease Control and Prevention (CDC) recognition.

Current Medicare providers are required to re-enroll.

HCPCS G-Code for MDPP Services	Payment Amount	Description of MDPP Service	May be reported with Modifier VM (Virtual Make Up Session)
G9873	\$25	1 <sup>st</sup> core session attended	No
G9874	\$50	4 total core sessions attended	Yes
G9875	\$90	9 total core sessions attended	Yes
G9876	\$15	2 core maintenance sessions attended in months 7-9 (weight loss goal not achieved or maintained)	Yes
G9877	\$15	2 core maintenance sessions attended in months 10-12 (weight loss goal not achieved or maintained)	Yes
G9878	\$60	2 core maintenance sessions attended in months 7-9 and weight loss goal achieved or maintained	Yes
G9879	\$60	2 core maintenance sessions attended in months 10-12 and weight loss goal achieved or maintained	Yes
G9880	\$160	5 percent weight loss from baseline achieved	No
G9881	\$25	9 percent weight loss from baseline achieved	No
G9882	\$50	2 ongoing maintenance sessions attended in months 13-15 and weight loss goal maintained	Yes
G9883	\$50	2 ongoing maintenance sessions attended in months 16-18 and weight loss goal maintained	Yes
G9884	\$50	2 ongoing maintenance sessions attended in months 19-21 and weight loss goal maintained	Yes
G9885	\$50	2 ongoing maintenance sessions attended in months 22-24 and weight loss goal maintained	Yes
G9890	\$25	Bridge payment – first session furnished by MDPP supplier to an MDPP beneficiary who has previously received MDPP services from a different MDPP supplier	Yes
G9891	\$0	MDPP session reported as a line-item on a claim for a payable MDPP services HCPCS G-code for a session furnished by the billing supplier that counts toward achievement of the attendance performance goal for the payable MDPP services HCPCS G-code	Yes

**Standards for CDC recognition include:**

- Use of a CDC-approved curriculum. You can use a curriculum developed by CDC, or you can develop your own or use that of another organization (with permission), as long as CDC approves it.
- Ability to begin offering the lifestyle program within 6 months of receiving approval from CDC.
- Capacity and commitment to deliver the program over at least 1 year, including at least 16 sessions during the first 6 months and at least 6 sessions during the last 6 months.
- Ability to submit data on participants' progress—including attendance, weight loss, and physical activity—every 12 months.
- Trained lifestyle coaches who can help build participants' skills and confidence to make lasting lifestyle changes.
- Designated individual(s) to serve as the diabetes prevention program coordinator.

In addition, the recognition program requires that at least 50% of participants be diagnosed with pre-diabetes through blood testing (or have a history of gestational diabetes).

**MEDDATA** is getting more information on “Supplier” term used in the Part B News Article Vol. 31, Issue 44, ‘The service will be provided by enrolled Medicare suppliers via coaches who will be trained but do not need medical licensure.’

**Resources:**

CDC National Diabetes Prevention Program

<https://www.cdc.gov/diabetes/prevention/lifestyle-program/index.html>

CDC and Prevention Diabetes Prevention Recognition Program Standards and Operating Procedures

<https://www.cdc.gov/diabetes/prevention/pdf/dprp-standards.pdf>

Requirements for CDC Recognition

<https://www.cdc.gov/diabetes/prevention/lifestyle-program/requirements.html>

Contact Software Support for assistance or any questions via:

From MEDPM or MEDEHR Sign On screens, double click on ‘support@medtronssoftware.com’ to compose an email to the Software Support Dept.

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